

# SPORT & RECREATION CONSENT

## **ACCESSIBILITY:**

To request this file in large print, please email <u>aoda@wcdsb.ca</u> or call (519) 578-3660.

## **SCHOOL YEAR:**

#### Note:

- 1. This form is to be completed for a student who wishes to participate in a sport, sports team, interschool athletics, or athletic recreation activity and must be returned to the coach prior to the student's first team tryout or participation in the activity.
- 2. The student is ineligible to participate in the sport and recreation activity and interschool athletic tryouts, practices and competitions without first providing the teacher/coach with this completed form.
- 3. The content of this page is to provide parents/guardians/students with information on the activities.

### PART A

(Student's name)	has indicated a desire to participate in the following:	
☐ Sport and athletic recreation activity (please indicate): Participation for		Club
☐ Interschool team (please indicate):	(Name Club)	

#### **ELEMENTS OF RISK**

The risk of injury exists in every athletic activity. Falls, collisions, and other incidents may occur and cause injury. Due to the nature of some activities, injuries may range from minor sprains and strains to more serious injuries affecting the head, neck, or back and/or drowning in water-based activities/sports. Some injuries can lead to paralysis or prove to be life-threatening. Injuries as a result of participation in an activity can occur without fault on either the part of the student, or the school board and its employees or agents, or the facility where the activity is taking place. A student choosing to participate in the activity assumes the risk of an injury occurring. The chances of an injury can be reduced by carefully following instructions at all times while engaged in the activity. The school board attempts to manage, as effectively as possible, the risk involved for students while participating in school sport and recreation activities.

#### STUDENT ACCIDENT INSURANCE NOTICE

The Waterloo Catholic District School Board does not provide any accidental death, disability, dismemberment/ medical/dental expense insurance for student participation in school sponsored activities (e.g., curricular, intramural and interschool). For insurance coverage of injuries, parent/guardians are encouraged to consider a Student Accident Insurance Plan from an insurance company of their choice.

#### SAFETY RECOMMENDATIONS

In the interest of safety, we strongly recommend:

- 1. Students have an annual medical examination.
- Students bring emergency medications (e.g., asthma inhalers, epinephrine auto injector) to all activities.
- 3. Students remove eyeglasses during practices or games. If eyeglasses cannot be removed, the student must wear an eyeglass strap or shatterproof lenses.
- 4. Students must be made aware of ways to protect themselves from environmental conditions (e.g., use of hats, sunscreen, sunglasses, access to liquid replacement, insect repellent, appropriate clothing).
- 5. A safety inspection is carried out at home of any equipment brought to school for personal use in sport and recreation activities as well as practices and interschool competitions (e.g., skis, skates, helmets).

#### CONCUSSIONS

If the student is presently diagnosed with a concussion by a medical doctor/nurse practitioner, that was sustained inside or outside of school activity, the 'Concussion Passport for WCDSB (Form APH027-04F)' must be completed before the student returns to physical education classes, intramural activities and interschool practices and competitions. Request the form from the school administrator.



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PART B			
Student name:	Home p	Home phone:	
Home address:			
Parent/Guardian name:			
Work phone:	Cell ph	Cell phone:	
Emergency contact name:  ACKNOWLEDGEMENT & C		ency contact phone:	
1. I have read and understand the ab	ove notices regarding:		
<ul><li>Elements of Risk</li><li>Accident Insurance</li></ul>	(initials of Parent/Guardian OR Student Age 18 and Over) (initials of Parent/Guardian OR Student Age 18 and Over)		
I request that my son/daughter/sel school year.	f, try out for or participate in the activity out	tlined in Part A of this form during the current	
	the risk inherent in the requested activity and lealth, medical, dental and accident insu		
Signature of Parent/Guardian (OR	Student Age 18 and Over) Date		
Signature of Athlete (Secondary St	udents only)	Date	
MEDICAL SERVICES AUTHORIZA	ATION (OPTIONAL)		
reasonable effort will be made by the school		participant, and with the understanding that every mauthorizes medical personnel and/or hospital to hat any cost will be my responsibility.	
Signature of Parent/Guardian (OR Student	Age 18 and Over)	Date	
Disclaimer			
Municipal Freedom of Information and Prote	sport and recreation activities and interschool at	ation Act, and pursuant to sections 28(2) of the on this form will be used for the purpose related to thletics. Any questions regarding the collection of this	
To be Completed by: Parent/Guardian (C Description of Use: Copy: Main Office a	oR Student Age 18 and Over) and/or Teacher/Coach (Retention: Current Scho	ool Year)	

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